



Some ideas – Play ice-breaking games!

The Freeze Game

In this game, you can show off your craziest dance moves! You will need music and enough space to play. First, choose one person to be the judge, who will be responsible for the music and enforcing the rules. The rules are simple: when the music is playing, everyone dances wildly. When the music stops, all players must freeze immediately and remain in that position until the music starts again. If a person does not freeze immediately, they are out of the game. The winner is the last person left on the dance floor.

The human knot

The more people play, the more complicated it becomes. Before playing, make sure you have enough space.

Stand in a circle and move close together. Then grab two different people in the circle. However, you must not hold the hands of your neighbors. Each person should hold the left hand of the person on their left and the right hand of the person on their right. The aim of the game is to untangle the "human knot" without letting go of each other's hands. Communication and teamwork are essential to successfully complete the task.

Blind art

The group is divided into small groups of four. The task is to draw a picture together. Everyone receives a sheet of paper and, with their eyes closed, draws the outline of a house on it. They then pass the paper on to the person sitting on their left. Next, still with their eyes closed, they draw a window. The papers are passed on, and doors are added to the houses. Finally, they draw a chimney in the same way.