

THE WALK OF THE DISTRACTED CHILD



S5
T1-4
L1



Some ideas- Feeling distracted- Focusing strategies

Act it out!

Are you usually distracted?

What did you do the last time you were distracted?

How did you notice it?

How did you feel in that occasion?

Imagine and dramatize a situation where you were distracted during school time or free time!

Act it out!

How is your memory? Do you usually remember phone numbers, names and details?

When you hear a story or a joke for the first time, can you repeat it to your classmates?

Imagine and dramatize a story where the story director forgets important details (creating absurd situations).

Act it out!

Do you live in a village or in a city?

Do you know the people of your neighborhood?

Have you ever asked for help to neighbours or to people next to you?

Imagine and dramatize how to ask for help in a bad situation.